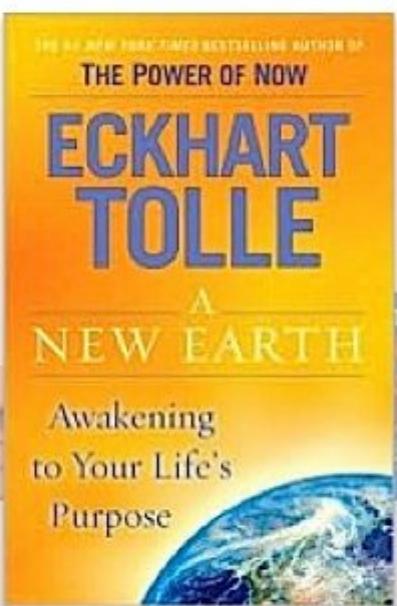


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A New Earth - Philosophers Notes Summary



The image shows the front cover of the book 'A New Earth' by Eckhart Tolle. The cover is yellow and features the title 'A NEW EARTH' in large, bold, blue letters. Below the title, it says 'Awakening to Your Life's Purpose'. The author's name, 'ECKHART TOLLE', is printed in large, blue, serif letters above the title. At the top of the cover, it says 'THE POWER OF NOW'. The background of the cover shows a stylized Earth. To the left of the main cover, there are two small images: one of a man and a woman smiling, and another of a man's face. To the right, there are several smaller book covers visible, including 'SITIVI SITION', 'CONSCIOUS LIVING', and 'WAL, WA'.

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Synopsis

There's a reason Oprah decided to team up with Eckhart Tolle to create an unprecedented 10-week course to teach the principles in *A New Earth* to hundreds of thousands of people: it's a remarkable book. Tolle has a profound ability to take the complex ideas of spirituality and consciousness and boil them down into simple, powerful lessons easily grasped and applied to our lives. I'm excited to share some of my favorite Big Ideas from his book but I'm barely going to scratch the surface of the depth of transformative ideas Tolle presents in this book. If you're feeling it, I recommend you take some time to curl up with this gem and dive deeper into understanding how we can transform our consciousness and create *A New Earth*. First, let's start with some Good News & Bad News: A significant portion of the earth's population will soon recognize, if they haven't already done so, that humanity is now faced with a stark choice: Evolve or die. • Tolle starts *A New Earth* with some good news and some bad news. We'll start with the bad news. We've inherited a collective dysfunction. For the history of humanity, as Tolle bluntly states, we, as a collective society, have been acting like a criminally insane person "with chronic paranoid delusions, a pathological propensity to commit murder and acts of extreme violence and cruelty." • Yikes. According to Tolle, the cause of this state is simple: "Fear, greed and the desire for power." • The great traditions have named this dysfunction of the mind. Hinduism calls it *maya* which means "veil of delusion." • Buddhism calls it *dukkha* which means "suffering, unsatisfactoriness, or just plain misery." • and directly translated points to being stuck like a potter's wheel that screeches as it turns. And, Christianity calls it "Sin" • which, when stripped of all of its cultural baggage and properly translated from its Greek origins, means "to miss the mark." • "as in an archer missing the target." Tolle's point is simple: we carry a lot of inherited cultural baggage. The good news? Those same traditions point to the "other" side of the dysfunction: Hinduism juxtaposes *maya* with enlightenment; Buddhism juxtaposes *dukkha* with awakening and Christianity points from sin to salvation. The first step? To recognize our own insanity. As Tolle advises: "To recognize one's own insanity is, of course, the arising of sanity, the beginning of healing and transcendence." • Can you see it? Can you recognize your own fear, greed and desire for power? And can you see how this results in your own mini-wars within your own consciousness and in relationships with your family, your friends, your colleagues and your community? Pause for a moment and check in with your own embodiment of our inherited insanity. That's a powerful step toward creating a new earth!

Book Information

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Customer Reviews

It will open your eyes to the possibilities of you.

The book is incredibly insightful about life and if you are ready to hear its many messages it will alter your life beneficially forever. I have purchased many copies of this book as presents for my friends. It is also a book you will reread many times for support those times in your life when you need comfort. Happy Reading!!!

Whenever a positive change in one's life occurs, then a great review is deserved. I am reading every book that Eckhart Tolle have written. I have seen 50 year old men act like 5 year old kids when told no. For years I searched to find how not to be completely controlled by my emotions, now I know!

Broaden your horizons and spiritual understandings with Eckhart's philosophical perspectives. This will forever change the way you see your world.

Whether you have already read books by Eckhart Tolle or other wisdom writers or are just embarking on your journey, this little gem is a gift.

Was looking for more in the Workbook. Found some gems of wisdom. Wish there was more to work on to follow Thru on the Power of Now.

Great book, excellent stepping stone to the esoteric knowledge of some of the Outstanding eastern masters in Eastern philosophy. Namaste

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